

October 2024 Programs



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 CLOSED National Truth & Reconciliation Day	1 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Positive Discipline @ Quayside 12:30-2:30 PM <i>* registered course</i>	2 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Uptown Drop-in @ Eighth & Eight 9:30 - 11:30 AM	3 Downtown Drop-in @ Quayside 9:30 - 11:30 AM	4 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Uptown Drop-in @ Eighth & Eight 9:30 - 11:30 AM Spanish Support Circle @ Quayside 12:00 - 2:00 PM	5 Family Yoga @ Yoga at the Quay 12:30 - 1:30 PM
7 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Uptown Drop-in @ Eighth & Eight 9:30 - 11:30 AM Babytalk Drop-in @ Quayside 1:00 - 2:00 PM	8 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Positive Discipline @ Quayside 12:30-2:30 PM <i>* registered course</i>	9 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Uptown Drop-in @ Eighth & Eight 9:30 - 11:30 AM	10 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Eat, Play, Love @ Quayside 11:30 AM - 12:30 PM	11 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Uptown Drop-in @ Eighth & Eight 9:30 - 11:30 AM Spanish Support Circle @ Quayside 12:00 - 2:00 PM	
14 CLOSED Thanksgiving Weekend	15 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Positive Discipline @ Quayside 12:30-2:30 PM <i>* registered course</i>	16 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Uptown Drop-in @ Eighth & Eight 9:30 - 11:30 AM You Are Not Alone @ Quayside 7:00-9:00 PM	17 Downtown Drop-in @ Quayside 9:30 - 11:30 AM	18 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Uptown Drop-in @ Eighth & Eight 9:30 - 11:30 AM Tigrinya Storytime @ NWP Library Spanish Support Circle	
21 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Uptown Drop-in @ Eighth & Eight 9:30 - 11:30 AM Babytalk Drop-in @ Quayside 1:00 - 2:00 PM	22 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Positive Discipline @ Quayside 12:30-2:30 PM <i>* registered course</i>	23 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Uptown Drop-in @ Eighth & Eight 9:30 - 11:30 AM	24 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Eat, Play, Love - BDAY @ Quayside 11:30 AM - 12:30 PM	25 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Uptown Drop-in @ Eighth & Eight 9:30 - 11:30 AM Spanish Support Circle @ Quayside 12:00 - 2:00 PM	
28 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Babytalk Drop-in @ Quayside 1:00 - 2:00 PM	29 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Positive Discipline @ Quayside 12:30-2:30 PM <i>* registered course</i>	30 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Transition: Vision & Reflection @ Quayside 12:30-2:30 PM <i>* registered event</i>	31 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Hallowe'en on the Quay @ Boardwalk 5:00 - 8:00 PM	1 Downtown Drop-in @ Quayside 9:30 - 11:30 AM Uptown Drop-in @ Eighth & Eight 9:30 - 11:30 AM Spanish Support Circle @ Quayside 12:00 - 2:00 PM	



October 2024 Programs

Family Place programming is designed for caregivers and children aged 0-6. We offer play and early learning for your little ones in a caregiver-participation setting. There is no cost to participate and no need to preregister for our drop-in programs. Make connections and gain parenting and family resources from these locations:

Family Place - Quayside

112-960 Quayside Drive, next to Craft Café. Drop-in Monday-Friday 9:30-11:30 AM.

* Note that Family Place-Quayside will be closed for Thanksgiving (October 14).

Special guests this month:

- Monday, October 7, 11:00-11:30 am, Cantonese Circle Time of song & rhyme with Priscilla (Colour it Cantonese)
- Thursday, October 10, 9:30-11:00 am: Andrea the Fraser Health Dental Hygienist will check your child's teeth.
- Thursday, October 10, 10:00-11:00 am: Susan from YMCA's Childcare Resources & Referrals on site.
- Friday, October 11, 11:00-11:30 am, Circle Time with Children's Librarian, Alicia from NWPL.
- Monday, October 21, 10:00-10:30 am, a mesmerizing Parent-Tot musical experience with Mrs. Lori.
- Thursday, October 24, 10:00-11:00 am: chat with Hannah from Kinsight about your child's development.

Family Place - Uptown

Eighth & Eight Creative Spaces: 735 Eighth Avenue, Room 1A (Massey Theatre Building). Drop-in Monday, Wednesday and Friday 9:30-11:30 AM.

* Note that Family Place-Quayside will be closed for Thanksgiving (October 14) and there are no Uptown drop-ins on Oct. 28th & 30th. Special guests this month:

- Fridays 9:30-11:30 am we are joined by Annie from Cameray Child & Family Services for early literacy support.
- Monday, October 7 10:00 - 11:00 am: chat with Michelle from Kinsight about your child's development.
- October 11 & 21, 9:30-11:00 am, Andrea the Fraser Health Dental Hygienist is available to check your child's teeth;
- Monday, October 21, 10:00-11:00 am, Susan from YMCA's Childcare Resources & Referrals on site.

Babytalk Drop-in | Mondays 1:00 - 2:00 @ Quayside

A space for new parents and caregivers with pre-mobile babies (under 12 months) to connect and learn tips, skills and resources from our Family Support Worker and special guests. Drop in each week for a different topic and a chance to ask questions and discuss your concerns and experiences. This month's guests TBA.

Eat, Play, Love | Thursdays, October 10,24, 11:30 - 12:30 @ Quayside

Stick around after the morning drop-in to share in a meal with us! We'll be cooking and offering food to share twice per month with our families. On the 24th we will celebrate the children born in October with birthday treats. Sign up in advance in person at Quayside.

Tigrinya Storytime | Friday, October 18, 1:30 - 2:30 @ New West Public Library Main Branch

Join Mrs. Aida and Fernanda for a special story time with song and rhyme in the Tigrinya language. Let our team connect you with the many services of the New West Public Library!



Family Yoga | Saturday, October 5, 12:30-1:30 PM @ Yoga at the Quay

It's back! We are offering free family yoga for children 3-6 years old and their parents at the Yoga at the Quay studio in the Rivermarket. Get ready to breathe like a bear and get those weekend wiggles out! Free event, registration required: <https://tinyurl.com/3cnp8x88>



You Are Not Alone: Neurodiverse Meet and Greet | Wednesday, October 16, 7:00-9:00 PM @ Quayside

Are you a parent/caregiver of a neurodiverse child and seeking support and connections? Join us for a meet and greet designed to decode your journey, guide you to resources, and connect you with families who share your experiences. Registration: <https://tinyurl.com/yckexk65>



Transition: Vision & Reflection | Wednesday, October 30, 12:30-2:30 PM @ Quayside

As the kids settle into school, it's time for you to pause, reflect and rediscover your own dreams. Join us for an afternoon of relaxation, creativity and lunch designed just for parents! Registration: <https://tinyurl.com/5yp8s9jx>

Halloween on the Quay | Thursday, October 31, 5:00-8:00 PM @ The Quayside Boardwalk

Join us for a ghoulishly good time trick or treating with your family along the Quayside Promenade. We'll be joined by local businesses, organizations and residents in building good community fun! To get involved: info@newwestfamilies.ca.