

November 2024 programs



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
28 Drop in @ Quayside 9:30 - 11:30 AM Baby Talk Drop in @ Quayside 1:00 - 2:00 PM	29 Drop in @ Quayside 9:30 - 11:30 AM Positive Discipline @ Quayside 12:30-2:30 PM <i>*registered course</i>	30 Drop in @ Quayside 9:30 - 11:30 AM Transition: Vision & Reflection @ Quayside 12:30-2:30PM <i>*preregistered</i>	31 Drop in @ Quayside 9:30 - 11:30 AM Hallowe'en on the Quay @ Boardwalk 5:00-8:00 PM	1 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Spanish Support Circle @ Quayside 12:00-2:00 PM <i>*registered group</i>		
4 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Baby Talk Drop in @ Quayside 1:00 - 2:00 PM	5 Drop in @ Quayside 9:30 - 11:30 AM Positive Discipline @ Quayside 12:30-2:30 PM <i>*registered course</i>	6 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Nobody's Perfect Tigrinya @ Quayside 12:00-2:00 PM <i>*registered course</i>	7 Drop in @ Quayside 9:30 - 11:30 AM Thrive Together @ Quayside 12:30-2:30 PM <i>*registered playgroup</i>	8 Drop in @ Quayside 9:30 - 11:30 AM Spanish Support Circle @ Quayside 12:00-2:00 PM <i>*registered group</i>		9 Family Yoga @ Yoga at the Quay 12:30 PM <i>*registered event</i>
11 CLOSED FOR REMEMBRANCE DAY	12 Drop in @ Quayside 9:30 - 11:30 AM Positive Discipline @ Quayside 12:30-2:30 PM <i>*registered course</i>	13 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Nobody's Perfect Tigrinya @ Quayside 12:00-2:00 PM <i>*registered course</i>	14 Drop in @ Quayside 9:30 - 11:30 AM Eat, Play Love @ Quayside 11:00-11:30 AM Thrive Together @ Quayside 12:30-2:30 PM <i>*registered playgroup</i>	15 CLOSED FOR TRAINING EVENT		
18 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Baby Talk Drop in @ Quayside 1:00 - 2:00 PM	19 Drop in @ Quayside 9:30 - 11:30 AM	20 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Nobody's Perfect Tigrinya @ Quayside 12:00-2:00 PM <i>*registered course</i>	21 Drop in @ Quayside 9:30 - 11:30 AM Thrive Together @ Quayside 12:30-2:30 PM <i>*registered playgroup</i>	22 Drop in @ Quayside 9:30 - 11:30 AM Spanish Support Circle @ Quayside 12:00-2:00 PM <i>*registered group</i> Tigrinya Storytime @ Public Library 1:30-2:30 PM		
25 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Baby Talk Drop in @ Quayside 1:00 - 2:00 PM	26 Drop in @ Quayside 9:30 - 11:30 AM	27 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Nobody's Perfect Tigrinya @ Quayside 12:00-2:00 PM <i>*registered course</i>	28 Drop in @ Quayside 9:30 - 11:30 AM Eat, Play Love @ Quayside 11:00-11:30 AM Thrive Together @ Quayside 12:30-2:30 PM <i>*registered playgroup</i>	29 Drop in @ Quayside 9:30 - 11:30 AM Drop in @ Eighth + Eight 9:30 - 11:30 AM Spanish Support Circle @ Quayside 12:00-2:00 PM You Are Not Alone @ Quayside 7:00-9:00 PM <i>*registered event</i>		








November 2024 Programs

Family Place programming is designed for caregivers and children aged 0-6. We offer play and early learning for your little ones in a caregiver-participation setting. There is no cost to participate and no need to preregister for our drop-in programs. Make connections and gain parenting and family resources from these locations:






Quayside 112-960 Quayside Drive, next to Craft Café.

Drop-in Monday-Friday 9:30-11:30 AM. **Note that Family Place-Quayside will be closed for Remembrance Day on November 11 and for Training on Nov. 15. Special guests at drop-in this month:*

-  Thursday, November 14 learn from YMCA Childcare Resource and Referrals consultant, Susan;
-  Monday, November 18 Don't miss Mrs Lori for her Parent-tot Musical experience from 10:00-10:30 AM;
-  Thursday, November 21 chat with Michelle from Kinsight about your child's development;
-  Thursday, November 21 Andrea the Fraser Health dental hygienist will be available to give check-ups & chat.
-  Monday, November 25 Colour it Cantonese Special Circle time of song and rhyme in Cantonese with Priscilla;

Eighth + Eight 735 8th Avenue, room 1A, in the Massey Theatre Building.

*Drop-in Monday, Wednesday and Friday 9:30-11:30 AM. **Note that there will be no uptown drop-ins on November 8, 11, 15, and 22. Special guests at drop-in this month:*

-  Monday Nov. 18 Andrea the Fraser Health dental hygienist will give check-ups & chat.
-  Wednesday, November 13 chat with Hannah from Kinsight about your child's development;
-  Monday, November 18 learn from YMCA Childcare Resource and Referrals consultant, Susan;
-  Friday, November 29 we'll be joined by Alicia the NWPL Children's Librarian for a special Circle time;
-  Friday drop-ins we are joined by Annie from Cameray who will connect with you on our child's literacy, (except Nov.1).

Baby Talk Drop-in | Mondays 1:00 - 2:00 @ Quayside

A space for new parents and caregivers with pre-mobile babies (under 12 months) to connect and learn tips, skills and resources from our Family Support Worker and expert guests. Drop in each week for a different topic and a chance to ask questions and discuss your concerns and experiences. **Special Guests this month:**

-  Monday, October 28: Eye Dr. Jasmin Rakhra, from FYI doctors;
-  Monday, November 25: RMT Renee Caines, from Sparrow Massage.

Y Eat, Play, Love | Thursdays, November 14 + 28 11:00 - 11:30 @ Quayside

Stick around after morning drop-in twice per month to share a meal with us! We'll be offering food to share with our families with no charge. 🍷 November 28th: Birthday celebration for the children born in November!

Tigrinya Storytime | Friday, November 22 1:30 - 2:30 @ New Westminster Public Library Children's Section

Join Mrs. Aida and Fernanda for a special story time with song and rhyme in the Tigrinya language. Let our team connect you to the many services of the New Westminster Public Library!

Family Yoga | Saturday, November 9, 12:30-1:30 PM @ Yoga at the Quay

Get your wiggles out at our FREE Family Yoga session for caregivers and children age 3-6 at the Yoga at the Quay studio in the Rivermarket. **Register:** <https://bit.ly/3UqnnVs>



Thrive Together Playgroup | Thursdays, beginning Nov. 7, 12:30-2:30 PM @ Quayside

A playgroup created for caregivers & children who may benefit from extra support. Led by specialists from Kinsight's Supported Child Development (SCD) and Infant Development Program (IDP), our playgroup provides tailored activities where families can connect, share, and grow together. **Register weekly:** <http://bit.ly/3UnSIs5>



Nobody's Perfect Parenting Program (Tigrinya) | Wednesdays, Nov. 6 - Dec. 11, 12:30-2:30 PM @ Quayside

This 6 week program will help you improve your capabilities to parent, and maintain and promote the health of your children. Childminding available with 48 hours notice. **Pre-register:** <https://shorturl.at/Ry0F2>



You are not Alone | Friday, November 29 7:00 PM -9:00 PM @ Quayside

Are you a parent/caregiver of a neurodiverse child and seeking support and connections? Join us for a special meet-and-greet designed to decode your journey & guide you to resources. **Register today:** <https://bit.ly/4eZMB5v>

