



2023-4 Annual Report



Note From the Executive Director

This past year has been one of joy, growth, and resilience for New Westminster Family Place. Over and over again, we've seen proof that our barrier-free, zero-cost programs have lasting, profound impacts on families and children. Despite spending 230 days without an office or downtown location, our team grew our hours of service delivery and number of participants served. We deepened our work—with integrity, continuous improvement, and reflective practice always at the forefront. With our drop-ins, workshops, parenting groups and community events, we've brought Family Place to the streets, ensuring a city that works for families. I'm filled with awe and gratitude for the unwavering support and dedication from our community, donors, and volunteers. Together, we're something truly special, and there's so much love, celebration, and growth ahead for all of us.

With much love,

Note From the Chair of the Board

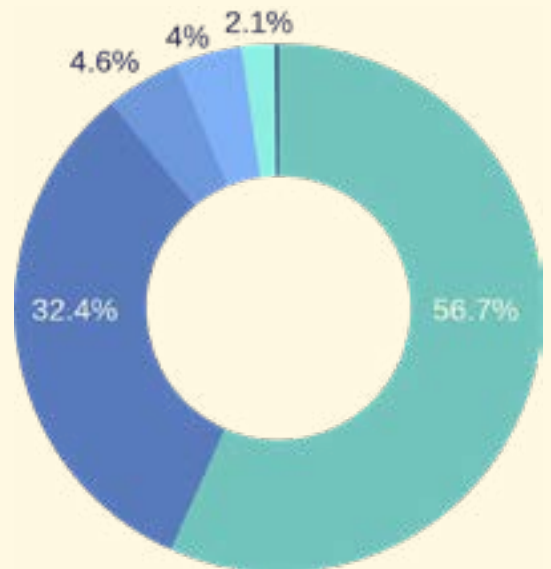
I am honored to reflect on a year rooted in love, celebration, growth, community, and integrity. These values are at the heart of everything we do, creating spaces where families feel supported, empowered, and connected. This year, we have witnessed remarkable growth—not just in the number of families we serve, but in the deepening of relationships across our community. We celebrate every milestone with joy, knowing that our commitment to integrity and continuous improvement strengthens the impact we have on the families we serve. Through our programs, we have seen how love and community create a lasting foundation for families to thrive. We honor the unique journey of each family, and it is this spirit of growth that guides us in fostering resilience, compassion, and connection. I am immensely grateful for the dedication of our staff, volunteers, donors, and partners who embody these values daily. Together, we are building a stronger, more inclusive community—one that truly works for families.

With heartfelt appreciation,

Revenue

As of March 31, 2024

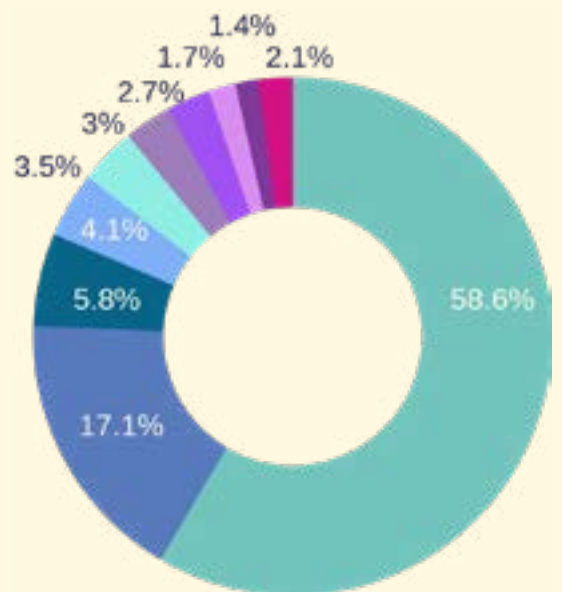
● Ministry of Child & Family Development	\$380,000
● Membership, Donations, Fundraising & Grants	\$216,750
● Ministry of Health	\$31,400
● Province of British Columbia Gaming Grant	\$26,640
● Capital asset contributions	\$13,750
● Interest income	\$1,300



Expenses

As of March 31, 2024

● Wages and benefits	\$413,000
● Rent	\$121,000
● Professional fees	\$41,000
● Office	\$29,000
● Special Programs and events	\$25,000
● Subcontracts	\$21,000
● Amortization of capital assets	\$19,000
● Supplies	\$12,000
● Telephone	\$10,000
● Other expenses: Workers' compensation, Repairs & maintenance, Insurance, Travel, License & dues, Bank charges & interest	\$15,000



Thank you, Friends of New Westminster Family Place!

Alicia Dobbs, Amanda Tolentino, Amazon Canada, Andrea Vagnarelli, Annie On Yi Ngai, Arts New West, Barb Fairbrother, Billard Architecture, Cameray, Denise Tambellini, Downtown New West BIA, Dyanne Donahue, Eight & Eighth Creative Spaces, Elizabeth Tees, Emilie Smith, Ghost Roaster Coffee, Highnote Construction, Jane Senay, Jay Bexton, Jean Tirling, Jim Goring, Joan Durrant, Karen Gelb, Kate Von Schellwitz, Kinderbooks, Kinsight, Mark Strathern, Mrs. Lori, Natalia Clark, New Westminster Chamber of Commerce, New Westminster Public Library, Positive Discipline in Everyday Life, Rebekah Adams-Brush, Sarah Dixon, SFU Language Lab, Shannon Tennant, Shiloh Fifth Avenue United Church, St. Barnabas, Tammy Dewar, Tanushree Pillai, Tasha Henderson, Vanessa Merritt, Vanessa Woznow, Whitney Hussain, Yoga at the Quay.



Measuring our impacts

What we do matters: the long-term impact on children, caregivers and our community is profound. Using our strengths-based, supportive approach, we intentionally create moments to strengthen neural pathways related to emotional regulation and resilience, leading to long-term positive outcomes for both parents and children. The work we do, the way we do it, and the community we build, helps families to build resilience, protecting them from the toxic stress that leads to adverse childhood experiences (ACEs). The ACEs Kaiser study* demonstrated the link between trauma—especially when not buffered by caring, responsive adults—and long-term health risks such as diabetes, heart disease, cancer, and depression. At New West Family Place, we actively foster positive childhood experiences (PCEs), knowing that when the community that surrounds a family creates a safe and supportive environment, it not only prevents chronic conditions but builds healthier, thriving communities.

* "Understanding How Adverse Childhood Experiences (ACEs) Can Affect Children." Healthlink BC, 2022.

“Family Place is an ideal place for family members to have parent-child interaction. They can play games, read books, & do crafts together to enhance parent-child relationships.”

14,352
participants engaged

*Increased from 13857 participants in 2022-23

1,873 supported referrals

*Reduced from 3438 in 2022-23

1,027 hours of service delivery

*Increased from 1018 hours in 2022-23

“Family Place can solve some problems that I can’t solve, and can provide some help and fun for my life.”

230 days without a downtown location

Resulting in 318 lost programming hours.

“It is a chance for both parents and kids to meet and play with. Big bonus is them becoming your friends, then getting to hang out together outside Family Place too.”

16 events
in **11** locations

*Increased from 13 events in 4 locations in 2022-23

Growing Families, Building Community

Since 1989, New West Family Place has been a vital resource for families by offering barrier-free, no-cost programming that empowers caregivers and children to thrive. Our drop-ins, workshops, parenting programs and family zones at community events provide caregivers with space to decompress, learn new skills, and give children access to diverse, inclusive, and high-quality early childhood development opportunities. Nestled in Uptown and Downtown New West, we bring Family Place to the streets across New West. Our work is to ensure that New West is a city that works for families.

Our team reflects the diversity of the families we serve, often coming to us first as participants, then volunteers, to provide unique insights into our community and deep connections with our families. We grow the work of this incredible team through deep and long-lasting partnerships with many other family- and child-enriching organizations.

Our work is rooted in love, celebration, growth, community, and integrity, and we create spaces where caregivers, parents, and children are welcomed, supported, and empowered. Our values guide every action, fostering creativity, compassion, and resilience and focus on the strengths of our families. Our mission is for all families with children aged 0-6 to find the services, support, and resources they need to thrive.